

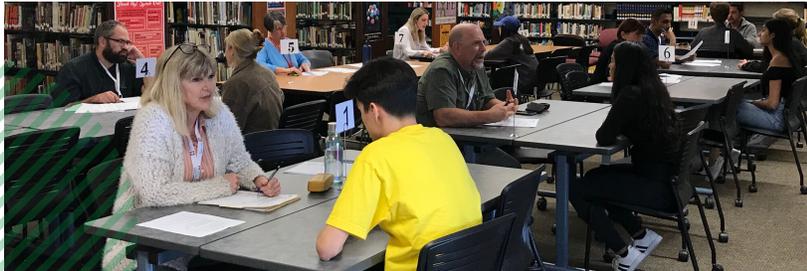


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THE DONS COLLEGE & CAREER CENTER NEWSLETTER
FOR STUDENTS/PARENTS/GUARDIANS

July 1

2020



Top: Mock Interviews for Juniors through Partners in Education Volunteers
Bottom: Santa Barbara City College Application Workshop for Seniors

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Community Service Over Summer

- Explore Virtual Options. Many local non-profits are still willing to take virtual volunteers
- Use our extensive list of **local non-profit organizations** and start practicing your phone call communication skills to find virtual opportunities!
- Check out this good [article](#) on Volunteering Virtually.
- **SBHS will accept any community service hours completed during the 2019-2020 school year and summer during the 2020-21 school year. The requirement of submitting hours within a year of completion of the service hours has been waived.**



College Fly-in Programs

Many Private colleges will actually fly you out to their school for a couple days to take part in activities and to get to know their school. Sounds great, right?! There is a catch.

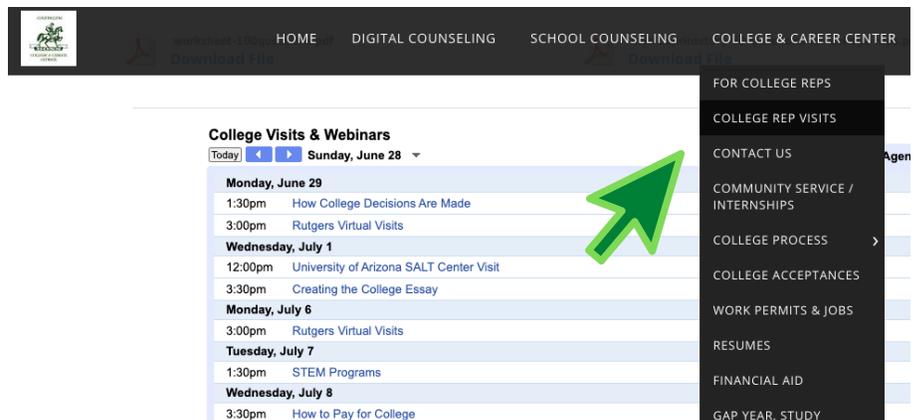
- For Rising Seniors and Juniors
- Applications required with deadlines in the Fall
- Competitive programs
- Reach out to your Counselor or Mr. Barr for help with the applications

List of Fly-In Programs

Virtual College Visits, Open Houses, Preview Days and Webinars

All Visits, Preview Days, Open Houses, and Webinars will be scheduled on our College Visits/Webinar Calendar.

- These events are open to ALL students/parents, not just Rising Seniors.
- All Fall College Visits will be conducted virtually.
- Many require pre-registration, so always check the calendar event for more information.



Click on College Rep Visits for updated dates throughout the Summer and Fall

Mr. Barr Summer Webinars + Special Guests



- **Changes + Myths for UC Admissions**

- When: **Thursday, July 9th**
- Time: **3:30pm**
- What you will learn: Campus closings. SAT cancellations. Online instruction. Each day, even every hour, brings news of an educational landscape that is rapidly shifting. Or is it? In this timely webinar, Collegewise experts will separate fact from fiction and give parents the information they need to make critical upcoming decisions. We'll discuss everything from adjusting SAT/ACT timelines to building out alternative summer plans to learning more about colleges when you can't visit in-person. Join us for this conversation on college admissions and the power of perspective and keeping the focus on what you can control in these challenging times.
- RSVP: <https://www.eventbrite.com/e/changes-myths-for-uc-admissions-sbhs-webinar-tickets-107688037820>

- **How to Make Your Common App a Lot Less Common**

- When: **Thursday, July 30th**
- Time: **3:30pm**
- What will you learn: Ready to start working on your Common App? Join us to get the inside scoop on the following: How admissions officers review and evaluate the different sections of the Common Application How to effectively list and describe your activities, accomplishments, and hobbies in the Activities section What to write in the Additional Information section (and what you should definitely steer clear of writing in there) How you can make the most out of the limited space you have
- RSVP: <https://www.eventbrite.com/e/how-to-make-your-common-app-a-lot-less-common-sbhs-webinar-tickets-107885739150>



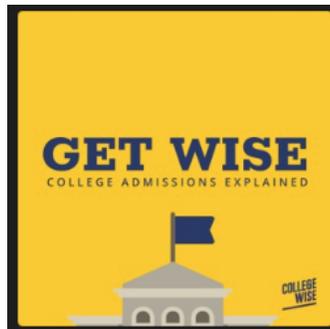
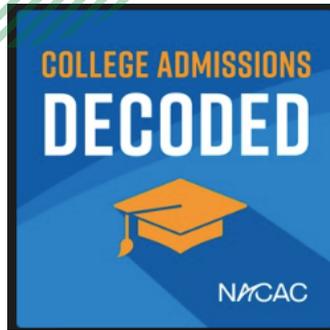
C&C Center Website



Recommended Podcasts

Podcasts are awesome and if you are a Podcast geek like me, definitely consider checking these out!

- College Admissions Decoded
- College Essay Guy
- Get Wise
- The College Prep Podcast



Coffee Chats with Mr. Barr

Each Wednesday over the Summer, Mr. Barr is hosting Coffee Chats about college-related topics. 8:30-9am through Zoom.

<https://sbunified.zoom.us/j/97790439800>

Meeting ID: 977 9043 9800 Password: 953767

If you can't make it, all sessions will be recorded and on our [YouTube Channel](#)

July Coffee Chats

- July 8 - **Extracurricular Strategies**
 - Tips for staying busy, pursuing interests, and developing your multi-dimensional self
- July 15 - **Getting Started on College Essays**
 - Tips for starting your college essays/personal statements
- July 22 - **Athletic Recruitment and NCAA/NAIA**
 - How to navigate the recruitment process
- July 29 - **Overview of Financial Aid**
 - Where can aid come from and how to earn it

Alumni Spotlight

Tatum Vestal

Class of 2017



Q: What activities were you involved in at SBHS?

A: While at SBHS I was involved in ASB, Mock Trial, Future Business Leaders of America, and the Cheerleading team. I held a leadership position in each activity I was involved in including VP of ASB, captain of Mock Trial, VP and co-founder of the Future Business Leaders of America, and the captain of the varsity Cheerleading team.

Q: What is your current school situation? Graduated from college, current student, Transfer, etc. Current Major if still in school?

A: I currently attend the University of Southern California as a Business Major with an Advertising minor. I am also interning at theAmplify, an influencer marketing company based out of Los Angeles. I transferred to USC after spending my freshman year studying in Rome, Italy. Since I had an unconventional freshman year experience, everything felt like a shock to me. While adjusting to college level courses, I was also learning to live away from home, and navigating a foreign country.

Q: What surprised you about the first semester/quarter of college?

A: The most surprising part about my first year at USC was when I realized how many other students took a different route to get to where they are now. Many of my colleagues were also transfer students, had taken gap years, worked before attending college, or had other experiences besides going directly to USC after high school.

Q: What advice would you give current high school students regarding the college exploration or application process?

A: The college application process was very daunting and stressful for me. While I was going through the college exploration process I felt an immense amount of pressure to find the so-called “perfect fit” right away. I believe it is important to remember that many people take different paths to achieve their goals and that is the exciting part! Make the most of every part of the journey because you never know where it may take you.