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THE DONS COLLEGE & CAREER CENTER NEWSLETTER
FOR STUDENTS/PARENTS/GUARDIANS

August 1

2020



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@sbhs_cccenter



Work Permits

Are you interested in working this year? Sounds great! Many places in town are hiring.

Here are the basics:

- Work Permit Application needs to be completed and turned into the College & Career Center
 - Signed by parent/guardian and employer
- Employer must also sign an agreement related to safety in the workplace
- Visit our website for specific work requirements



Glossary of Terms

Have you found yourself getting stuck with regards to vocabulary and terminology associated with High School, Colleges, Careers, or Financial Aid? You aren't the only one!

We have compiled a glossary of these terms to help you navigate high school as well as post-secondary planning and applications. [Glossary of Terms](#)

And if you hear a term that isn't listed, please let us know and we will add it!

Return to School Tips

We are returning to school in a few short weeks - **August 18th** - and this will be another unique semester with us starting the year remotely. For many students, this will pose a significant challenge.

Here are a few tips to start the year off on the right foot.

- Attend all classes and stay engaged with the lessons
- Put your phone on silent mode and turn off notifications to keep you from getting distracted
- Focus on completing assignments well before the due dates
- Create a consistent structure for your days and weeks.
 - Don't forget to schedule time to eat and explore extracurricular activities, passions, and interests.
- Ask questions and reach out for help!
 - Whether you are an incoming 9th grader or rising Senior, if something doesn't make sense, just ask! We are here to help you.



Senior Reminders for College Apps

Seniors! If you are applying to a 4-year college/university, you should be working on all of these already. If not, it's time to get started!

The Santa Barbara City College process will start in January 2021. Stay tuned!

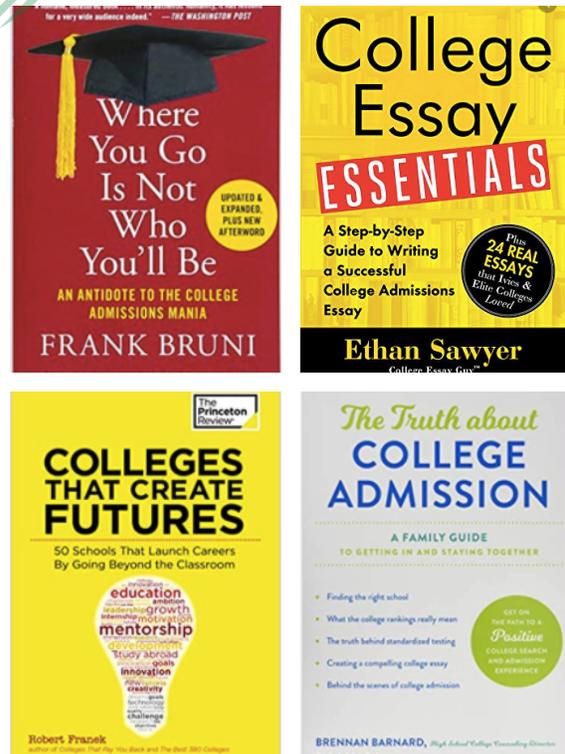
- **Your College List**
 - You should have a pretty good idea where you will be applying
 - Need some inspiration? Watch our [Youtube video on Building a College List](#)
- **Spreadsheet of deadlines and requirements**
 - Stay organized and don't miss any deadlines!
- **College Visits**
 - These are all virtual and will be posted on our [C&C Center calendar](#)
- **College Essay**
 - This process will require you to write multiple drafts to end up with a good essay.
 - Please let us know if you would like us to read your drafts.
- **SAT or ACT**
 - If you are planning to take one of the tests this fall, please pay attention to updates coming from the College & Career Center. There may be last minute changes or cancellations!
 - If you end up not being able to take a test, don't worry about it!
- **Letters of Recommendation**
 - Are you applying to a college or scholarship that asks for one/multiple?
 - Please complete your [Brag Sheets for your Counselor and your Teachers](#)
- **Ask Questions!**
 - None of you have applied to college before, so if something doesn't make sense or you are stuck, please ask!
- **Use our website [Resources](#)**



Recommended Readings

Need a new book or two for your nightstand? Take a look at our extensive [College & Career Center Book List](#) and ask for recommendations!

Here are just a couple of my personal favorites.



Summer Coffee Chat Series with Mr. Barr

Each Wednesday over the Summer, Mr. Barr is hosting Coffee Chats about college-related topics. 8:30-9am through Zoom.

<https://sbunified.zoom.us/j/97790439800>

Meeting ID: 977 9043 9800 Password: 953767

August Coffee Chats

- August 5 - **Cost of College - The Numbers Game**
 - Direct vs Indirect costs, Hidden costs, and what it all means
- August 12 - **Return to School Tips for Success**
 - How to be successful in an online learning environment

If you can't make it, all sessions are recorded and on our [YouTube Channel](#)

SCOIR + CaliforniaColleges.edu

Scoir and **CaliforniaCollege.edu** are College and Career exploration platforms that all students have access to.

As we dive into this virtual learning environment, there will be opportunities to use these systems to explore your possible future careers and engage in the college search process as well.

Coming Soon!

Guided lessons for each grade level to help you explore and dive into your Career and College exploration.

The SCOIR logo consists of the word "SCOIR" in a bold, blue, sans-serif font. To the left of the text is a circular graphic with diagonal green lines.

In SCOIR. . .

- **Try logging in:**
 - Go to <https://app.scoir.com/signin>
 - Use the "Sign in with Google" feature
 - Enter your school email and password
- **And here are a few tasks to start exploring:**
 - Task 1: Profile
 - Task 2: Complete a College Search
 - Task 3: Explore College Details
 - Task 4: Add a Personal Email
 - Task 5: Complete YouScience Career Assessments

In CaliforniaColleges.edu. . .

- **If you have never logged in before, you will need to register**
 - Go to <https://www.californiacolleges.edu/#/user-login>
 - Click on "Don't have an account"
 - Search Santa Barbara Unified and then enter Santa Barbara High School
 - Fill in required information
- **Start with the My Plan section to start exploring the site.**

Alumni Spotlight

Morgan LaMelle

Class of 2019



Q: What activities were you involved in at SBHS?

A: Computer Science Core Leadership which focused on planning events for academy members. I was PTSA President for my Senior year and a part of the Ethnic Studies Coalition all four years.

Q: What is your current school situation? Graduated from college, current student, Transfer, etc. Current Major if still in school?

A: I deferred until 2nd semester, worked, and did some self study pursuing academic passions. I started at American University in January 2020 and have begun to pursue International Studies with a Minor in Arabic Languages.

Q: What surprised you about the first semester/quarter of college?

A: I found it difficult to adjust my learning and study habits to suit college classes. Also, finding the balance between studying and academics with the social aspects of college was also difficult. I realized within the first month that I had a lot more structure when in high school and that's something I need to improve going into Sophomore year.

Q: What advice would you give current high school students regarding the college exploration or application process?

A: Keep an open mind when exploring colleges. Try to visit as many colleges in person if possible. Get involved in extracurriculars but also focus on academics. I didn't apply myself as well as I could have and didn't realize that until Junior year. Develop good study habits and stay on top of deadlines. Do what you love and pursue passions. I was able to show on my applications the things I was really interested in and I am convinced that was a big factor in my admissions to American University.